

SITE PROFILE - BONAVIDA

Information about Bonavista Peninsula Health Centre



The Bonavista Peninsula Health Centre has 10 inpatient beds which includes one palliative care bed. The Protective Care Unit has 13 beds which includes 1 respite bed. The services include 24 hour emergency services, blood collection, laboratory services, diagnostic imaging, x-ray, diabetic education, dietician, chemotherapy services, occupational therapy, physiotherapy, phototherapy, mental health, outpatient clinics and inpatient services. The centre is associated with the long term care facility Golden Heights Manor which consists of 70 beds (level 3 care) which includes 1 respite bed.

The Dr. G. B. Cross Memorial Hospital, Clarenville is the referral site and is approximately 110 km away. The hospital has 47 acute care beds, 42 long-term care beds, and two respite care beds. The long term care patients are located in the Dr. Albert O'Mahony Manor. This is a long term care facility that is attached to the hospital. Services include: anesthesia, chemotherapy, family practice, general surgery, gynecology, obstetrics, ICU/Cardiac, internal medicine, laboratory, palliative care, pathology, pediatrics, psychiatry, radiology, respiratory therapy, ultrasonography and 24-hour emergency (category A). Other services include nursing, nutritional, pharmacy, physiotherapy, occupational therapy, pastoral care, social work, diabetic education and speech language pathology. Visiting clinics include: neurology and ophthalmology.

Community Information

General Information about Bonavista can be found at:

- 1) <http://www.townofbonavista.com/>
- 2) <http://www.cabotloop.com/bonavista.html>
- 3) http://en.wikipedia.org/wiki/Bonavista,_Newfoundland_and_Labrador

Bonavista has a stadium, soccer field, various playgrounds, and hiking trails. Bonavista is famous for its scenic, rugged coastline, heritage structures, icebergs, lighthouse and, of course, where John Cabot first came ashore when he discovered the new Americas. There are two grocery stores – Foodland and Swyers IGA (Foodland open 7 days week until 9 pm) Swyers (open daily until 6 pm and until 9 pm on Fridays). There are many convenience stores in Bonavista (too many to name) but signage on all of them for identification purposes (Bonavista Convenience on Church Street is very popular). There are a number of restaurants – Oceanview Restaurant, P.K.'s Restaurant (Church Street), Mary Brown's Restaurant (on left as you enter Bonavista), Subway (located in the Irving station), Bonavista Hotel dining room, Little Dairy King located at Cape Bonavista, Marsh's Take Out (Church Street), Skippers Café located at Harbour Quarters Hotel, Walkham's Hill Coffee Shop (Church Street), Baie Vista Restaurant and Robins Donuts (on the left as you enter Bonavista), We have one bank in Bonavista located on Church Street- Scotiabank, which is located across from Riffs Department Store. We have one Pharmacy, Bonavista Pharmachoice, which is located in the same strip mall as Foodland – across from Irving station near Hospital.

Transportation, Accommodations, Orientation and Other Relevant Information

There is no public transit in Bonavista but cab services are available. The phone number for Bonavista Cabs is 709-468-2457, and C&C Cabs is 709-468-6195/1186. If you require transportation from St. John's to Bonavista, please call Bonavista Cabs at 709-468-2457 or 709-682-5576 or Marsh's Taxi at 709-747-2225. These taxi services from St. John's are actually vans that travel to and from St. John's daily. Discuss with them a pick up location and time.

Medical students / residents doing training in either the hospital or clinics are provided hospital accommodations whenever possible. Mary Paul, Medical Staff Secretary has booked your accommodation. If you are starting your rotation on a Monday, your accommodation is booked beginning the Sunday before.

Wear your name tag at all times while in the clinic. No aftershave, perfume or scented deodorants are permitted.

As a medical student / resident you have already received an Eastern Health orientation in St. John's and this is consistent with orientation that is done elsewhere in the region. As a result, medical students and residents are not required to redo the orientation while training elsewhere in the rural Eastern Region.

For Medical Students / Residents Doing Rotations in the Bonavista Hospital

Directly contact Mary Paul of the Medical Services Department, Bonavista to discuss the time you should arrive at the hospital on your first day and what time you will meet your preceptor. She will arrange for Michelle Abbott, Coordinator of Patient Resident Care, to give you a tour of the Bonavista Peninsula Health Centre on your first day. This will include showing you where you can study, computer and printer access for studying.

There is no ATM machine located at the hospital, but there is one at Bonavista Pharmachoice and in the lobby of Scotiabank. There is a lunchroom located in the centre that is open 24/7 for staff. If required, meals can be ordered from the kitchen at Golden Heights Manor and delivered to the lunchroom before meal times. Vending machines are available after hours and weekends.

Contact Information

Bonavista Peninsula Health Centre **Switchboard** Phone Number: 709-468-7881

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Directions to the Hospital

St. John's is 298 km from Bonavista / approximately a 3 to 3.5 hour drive from St. John's.

Directions (as per Google Maps) from St. John's to Bonavista

1. Head southwest on New Gower St toward Barbers Hill - 500 m
2. Continue onto NL-2 N - 14.5 km
3. Take the Trans Canada Highway exit toward Clarenville/Gander/Newfoundland and Labrador 1 W - 550 m
4. Merge onto Trans-Canada Hwy/NL-1 W - 186 km
5. Take exit 26 to merge onto NL-230 N toward Catalina/Bonavista - 115 km from Clarenville to Bonavista
6. After entering Bonavista, turn left at the Irving Station onto Hospital Road and take first right for Bonavista Hospital (sign located at entrance to Hospital). The Hospital can be seen directly behind the Irving Station.

Office of Student Affairs – Toll Free Number: 1-877-794-9740

The toll free number with the Office of Student Affairs, MUN is specifically for people studying / doing rotations anywhere in Canada.

Rural Medical Education Network

The information contained in this site profile has been compiled by Cassandra Ingram, Academic Program Administrator, Rural Eastern Region. MUN. If you have further questions / concerns, please contact her by email at Cassandra.ingram@med.mun.ca or telephone at 709-466-7560.

The Rural Medical Education Network is a division of the Faculty of Medicine. The website is: <http://www.med.mun.ca/RMEN/Home.aspx>.

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