

SITE PROFILE – WHITBOURNE

Information about the Dr. William H. Newhook Community Health Centre

The Dr. William H. Newhook Community Health Centre is located in Whitbourne. It provides services to a catchment area of approximately 20,000 people.

Built in 1986, the Centre has 24 hour emergency services and maintains 3 observation / holding beds. It provides diagnostic (EKG, laboratory and xray), environmental, and outreach programs through community health. Visiting disciplines include audiology, dietetics, occupational therapy, respiratory therapy, and diabetes education.

Carbonear General Hospital is the local referral site. It is a category A hospital that has 75 beds staffed by internists, general surgeons, obstetricians/gynecologists, psychiatrist, radiologists, anesthetists, hospitalists and ER casualty officers. Allied Health includes occupational therapy, physiotherapy, respiratory therapy, speech language pathology, dieticians, social workers, mental health counselors and diabetes educators. The hospital is approximately 60 kms / approximately ¾ hour drive from Whitbourne.

Community Information

General Information about Whitbourne can be found at:

- 1) http://en.wikipedia.org/wiki/Whitbourne,_Newfoundland_and_Labrador<http://www.city-data.com/canada/Whitbourne-Town.html>
- 2) <http://www.explorenewfoundlandandlabrador.com/communities/whitbourne.htm>
- 3) <http://www.city-data.com/canada/Whitbourne-Town.html>

The Town of Whitbourne is Newfoundland's first inland town. It has a population of approximately 1,000.

Whitbourne has grocery stores, bank, a pharmacy, restaurants, and a flower store. Located on the Trans-Canada Highway at the turnoff to Whitbourne are Monty's Restaurant, Irving Restaurant, Mary Browns and Robbin's Donuts. There is a Scotiabank in Whitbourne and many local stores have their own ATM's.

The only facility for young offenders in NL is located in Whitbourne. It is a secure custody and remand centre.

The town was founded during the construction of the Newfoundland Railway. Sir Robert Bond, the Prime Minister of Canada from 1900 to 1909 was involved with the planning of the town and built a country estate and model farm known as "The Grange". For environmentalist, Whitbourne is known for its rare lichens and wetland conservation. The town is also known as the home of Shannon Tweed, a playboy bunny and wife of Gene Simmons of the famous rock band KISS. The famous Rodrigues Winery is located next to the town. Find out more by going to the following web site: <http://rodrigueswinery.com/>.

Transportation, Accommodations, Orientation and Other Relevant Information

There is no public transit in Whitbourne. There is no local taxi service available in Whitbourne. If you require transportation from St. John's to Whitbourne, , Newhook's Transportation at 709-227-2552 or 709-682-4877. They have is vans that travel to and from St. John's daily. DRL Coachlines travels across NL daily and stops at Whitbourne. They can be reached by calling: 709-263-2171. Their schedules and fares prices are available from their web site at: <http://www.drl-lr.com/contact/>.

Unless otherwise stated by the medical student / resident, no accommodations are provided but rather the student / resident commute daily from St. John's. Some staff at the centre commute daily so the possibility of traveling with others is a possibility. Discuss with Theresa Kerrivan and /or your preceptor. **NOTE FOR FIRST YEAR RURAL VISITS:** You will require a vehicle to travel to your various meetings and appointments throughout the Whitbourne area.

Wear your name tag at all times. No aftershave, perfume or scented deodorants are permitted.

As a medical student / resident you have already received an Eastern Health orientation in St. John's. As a result, medical students and residents are not required to redo the orientation while training elsewhere in the rural Eastern Region.

There is no cafeteria on site. It is recommended that you bring your lunch with you. There are full kitchen services available on site. Directly next to the clinic is a small restaurant/take out. Also the pharmacy next door offers sandwiches, milk, etc.

Directly contact your preceptor prior to your rotation to discuss the time you should arrive at the clinic on your first day. As well, contact Theresa Kerrivan prior to your rotation as she will give you a tour of the clinic.

Contact Information

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Directions

Whitbourne is approximately 90.3 km from St. John's. Take the Trans-Canada Highway and drive for approximately 1 hour and 5 minutes. It is less than 5 minutes from the highway on route 81 (as per Google Maps).



Office of Student Affairs – Toll Free Number: 1-877-794-9740

The toll free number with the Office of Student Affairs, MUN is specifically for people studying / doing rotations anywhere in rural NL and Canada.

Rural Medical Education Network

The information contained in this site profile has been compiled by Cassandra Ingram, Academic Program Administrator, Rural Eastern Region. MUN. If you have further questions / concerns, please contact her by email at Cassandra.ingram@med.mun.ca or telephone at 709-466-7560.

The Rural Medical Education Network is a division of the Faculty of Medicine. The website is: <http://www.med.mun.ca/RMEN/Home.aspx>.

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