

SITE PROFILE - CARBONEAR

Information about the Carbonear General Hospital

The hospital has 70 acute care beds. Services include: anesthesia, chemotherapy, family practice, general surgery, obstetrics, gynecology, ICU/cardiac, internal medicine, laboratory, palliative care, pathology, pediatrics, psychiatry, radiology, respiratory therapy, and 24 hour emergency (category A). Other services include: diagnostic imaging, dialysis, pharmacy, physiotherapy, occupational therapy, pastoral care, social work, diabetic education, and speech language pathology. Visiting clinics include: audiology and ophthalmology.



Community Information

Carbonear has a population of approximately 6,800. General information about Carbonear can be found at:

- 1) <http://www.carbonear.ca>
- 2) <http://en.wikipedia.org/wiki/Carbonear>

The town of Carbonear is one of the oldest permanent settlements in Newfoundland and among the oldest settlements in North America. It has a swimming pool, track, and recreation centre. The outlying areas of Carbonear have many tourist attractions including: hiking trails along the coast line, boat tours, and various festivals. There is a Wal-Mart, Canadian Tire, Tim Horton's, Subway, A&W, KFC and McDonalds in the town. There is a Dominion grocery store and Powell's supermarket and various convenience stores in the town along with CIBC, Credit Union and Scotiabank.

Contact info: RCMP: 709-596-5014
Fire Dept: 709-596-4111
Ambulance: 709-596-5300

Transportation, Accommodations, Orientation and Other Relevant Information

There is no public transit in Carbonear. The phone number for taxi's are: Jim's Taxi at 709-596-5131 and A-Cab at 709-596-7333.

Accommodations have all the basic cooking items including pots and pans, kettle, toaster, utensils, dishes etc. There is an internet connection in each accommodation. Learners are responsible for their own food and condiments and keeping the accommodations clean while staying there. Damages or missing items from the accommodations will be the responsibility of the learner. Memorial University has accommodations at Scarlet Ridge, which is less than one kilometer from Carbonear General Hospital. Accommodations schedules are completed by Cassandra Ingram, who can be reached at RMEN.Eastern@med.mun.ca. Nova Recycling is located at 88 Powell Drive, Carbonear, they can be reached at 709-596-7466 for hours of operation. Please visit the Town of Carbonear website for information about town services at: <http://www.carbonear.ca/council/mservices.htm> and Eastern Waste website for garbage and recycling collection scheduled at: <http://easternwaste.ca/regions/carbonear/>.

Wear your name tag at all times while in the hospital. No aftershave, perfume or scented deodorants are permitted.

The cafeteria can be accessed on the Main Floor next to the Gift shop. It is open weekdays during morning and afternoon breaks, and for lunch. Vending machines are available after hours and weekends.

As a medical student/resident you have already received an Eastern Health orientation in St. John's. A site orientation will be facilitated at Carbonear General Hospital.

Medical Students/Residents Doing Rotations in the Carbonear Hospital

Directly contact your preceptor to discuss the time you should arrive at the hospital on your first day and what time you will meet your preceptor. Your preceptor will give you a tour of the hospital and show you where you can study and have computer and printer access.

Contact Information

Carbonear General Hospital
86 Highroad South
Carbonear, NL A1Y 1A4

Switchboard: 709-945-5111, press 0

Marlene Day Secretary to the Site Clinical Chief Medical Services Department, Rural Avalon Telephone: 709-945-5176 Email: marlene.day@easternhealth.ca	Dr. Peggy Tuttle General Surgeon Telephone: 709-945-5676 Email: peggy.tuttle@easternhealth.ca
Dr. Kenatingal Aravindakshan Pediatrician Telephone: 709-945-5111, press 0 and ask to have him paged Email: ken.aravind@hotmail.com	Dr. Ken Ringer Radiologist Telephone: 709-945-5276 Email: ringer_ken@hotmail.com
Dr. Rebecca Powell Emergency Email: rebeccaepowell@gmail.com	Dr. Azzam Diab Internist Telephone: 709-945-5241 (clinic) or 709-945-5111, press 0 and ask to have him paged Email: azzamdiab@hotmail.com

Directions

Carbonear is approximately 1 – 1 ½ hour drive from St. John's. It is 110 km from St. John's.

Directions (as per Google Maps)

1. Head southwest on New Gower St toward Queen St - 600 m
2. Continue onto NL-2 N - 14.5 km
3. Take the Trans Canada Highway exit toward Carbonear/Gander/Newfoundland and Labrador 1 W - 550 m
4. Merge onto NL-1 W - 51.1 km
5. Take exit 31 for NL-70 toward NL-75/Bay Roberts/Carbonear/Baccalieu Trail - 600 m
6. Merge onto Newfoundland and Labrador 70 N - 1.2 km
7. Continue onto NL-75 N - 36.9 km
8. Continue straight onto Newfoundland and Labrador 70 N - 2.1 km
9. Turn right onto Powell Dr (signs for Powell Drive) - 1.4 km
10. Continue onto Beach Rd

Medical Students/Residents Doing Rotations in a Private Clinic in the Carbonear area

There are private clinic rotations in the Carbonear region, including Harbour Grace, Upper Island Cove and Spaniard's Bay. Please contact your preceptor prior to your rotation to discuss the time you should arrive at the clinic on your first day. Your preceptor or office staff will give you a tour of the clinic. Accommodations for private clinics are located in Carbonear at Scarlet Ridge within a 30 kilometer radius.

Office of Student Affairs – Toll Free Number 1-877-794-9740

The toll free number with the Office of Student Affairs, MUN is specifically for people studying/doing rotation anywhere in Canada.

Alternate Accommodations

For any special accommodations requests (i.e. special circumstances, such as family) please contact the Accommodations Coordinator, Ms. Sandra Badcock, at 709-864-3486 or via email at RMEN.Accommodations@med.mun.ca

Travel Guidelines

Please see travel guidelines on Rural Medical Education Network (RMEN) website at: <http://www.med.mun.ca/RMEN/Learners.aspx> and in the handouts and links section on One45 for details. If you have any concerns or questions regarding travel guidelines or accommodations, please contact the RMEN office at 709-864-6367 or email: rmen@med.mun.ca

Rural Medical Education Network

The information contained in this fact sheet has been sent to you by Cassandra Ingram, Academic Program Administrator, Eastern Region, and MUN. If you have further, questions/concerns, please contact her by email at RMEN.Eastern@med.mun.ca or telephone at 709-466-7560.

Physician Leads for Eastern Region are:

Dr. Blaine Pearce Clarenville Medical Centre 61 Thompson Street, Suite 102 Clarenville, NL A5A 0G6 Telephone: 709-466-5400 Fax: 709-466-5442 Email: blaine.pearce@nf.sympatico.ca	Dr. Stacey Saunders Burin Family Practice 43-45 Main Street, P.O. Box 100 Burin Bay Arm, NL A0E 1G0 Telephone: 709-891-5005 Email: saunders_stacey@hotmail.com
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The Rural Medical Education Network is a division of the Faculty of Medicine. For more information, please visit their website at: <http://www.med.mun.ca/RMEN/>

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