

SITE PROFILE – HARBOUR BRETON



Connaigre Peninsula Health Center

P.O. Box 70
Harbour Breton, Newfoundland
A0H 1P0
Tel: 709-885-2043 / 2359

Site Information

The site is an accredited 20 bed facility (12 long-term, 6 acute, 1 respite and 1 palliative care) which serves a population of approximately 6000 people. Staff of the hospital includes three physicians who serve 18,000 to 24,000 outpatients per year, with approximately 500 admissions annually.

Additional services include: Lab and x-ray services, long term (level 3 & 4) care, 24 hour nursing service, social work visits as required, monthly dietitian visits, active recreation therapy program, consultation with physiotherapy and occupational therapy, palliative care as needed and the Connaigre Peninsula Health Care Auxiliary.

Location

Harbour Breton is located in the Coast of Bays region. The communities of the Coast of Bays offer all the services that are needed for both business and family, coupled with a quiet rural lifestyle that's second to none.

History

Harbour Breton was founded by early European settlers who depended on the rich fish resources in the many bays and inlets dotting our beautiful rugged coastline. Today, the traditional fishery is still the

mainstay of the town's economy. More recently though, new emerging fisheries and aquaculture along with eco-tourism have helped diversify the economy and offer new opportunities for prospective investors.

Unique Characteristics

Harbour Breton is a proud and progressive community with a strong sense of history and culture and looks to the future with optimism. It has a magnificent land-locked harbour and is one of the oldest and largest fishing centres on the south coast of Newfoundland. This land-locked and ice-free harbour is located near the southern tip of the Connaigre Peninsula on the north side of Fortune Bay. The region is famous for any number of moose and caribou. Today Harbour Breton is still a vibrant community with many modern facilities. Although the fishery is still the backbone of the economy, moves are being made to diversify by capitalizing on the aquaculture opportunities along the coastline, the colorful, romantic history of the town, the encouragement of small business development and the provision of modern health care services to the surrounding region.

Other Things of Interest

The town has many service clubs and church groups, which include the Lions Club, Lioness Club, Knights of Columbus, Loyal Orange Lodge, Anglican Church Women, Catholic Women's League and the Loyal Orange Benevolent Association. The recreational facilities include the Connaigre Arena, two baseball fields and two outdoor tennis courts. These programs include softball, ball hockey, minor hockey, figure skating, recreational hockey, basketball, tennis, arts and crafts, pre-school program, indoor soccer, T-ball, badminton and hiking (practicenl.ca).

Population:

Distance to larger centers:	Gander	277 kms
	Grand Falls-Windsor	223 kms
	St. John's	612 kms

Student Accommodations: No housing accommodations available in Harbour Breton. Hotel accommodations can be arranged if prior approval has been granted by the Faculty of Medicine. Meals are provided by the hospital.

Contact at the site: Trena Snook, Director of Medical Services
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Regional Memorial contact: Ms. Minerva Cramm,
Academic Program Administrator for Central Region
Rural Medical Education Network, Faculty of Medicine
Memorial University
21 Carmelite Road
Grand Falls-Windsor, NL
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Email: minerva.cramm@med.mun.ca

Services:

Bank

CIBC
1 South Side Road
885-2277

Churches

Anglican Church
885-2241

Roman Catholic
885-2338

Convenience/Department Stores

J&D Variety
885-2071

Jackman's One Stop & Liquor Store
Canada Drive
885-2110

Leo's Craft Shop
885-2004

Sam's Place
101-A Main Street N
885-2503

Department Store

Riff's Stores Ltd.
885-2022

Grocery Stores

Harbour Breton Foodland
885-2456

Save Easy
885-2318

Lounges

Hook N' Line Lounge
885-3985

Paul Langstone Lounge
Southern Port Hotel
885-2283

Pharmacy

Sagona Drugs
885-292

Restaurants/Takeouts

Mary Brown's
885-3300

Sam's Place
885-2503

Scott's Snackbar and Restaurant
885-2406

Taxis and bus services

Thornhill's Taxi Service
Service Monday - Friday
885-2110 or 1-866-538-3429

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Faculty of Medicine, Memorial University of Newfoundland

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