### First Year Sites

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<td>Family Practice Unit – Team 1</td>
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<td>Family Practice Unit – Team 2</td>
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<td>Ross Centre Family Medicine</td>
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<td>Shea Heights Community Health Centre</td>
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### Second Year Sites

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<td>Bay Bulls Family Practice</td>
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<td>Burin</td>
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<td>Torbay Medical Clinic, Torbay</td>
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<td>Family Tree Medical – St. John's</td>
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### Academic Family Medicine Teaching Sessions

In specific to the Academic Family Medicine Clinical experience, there is dedicated teaching in Evidence Based Medicine, and Behavioral Medicine. Please note a slight variation in the Academic Family Medicine curriculum based on where you complete your Academic Family Medicine clinical experience.

### Eastern and Nunavut Stream

This information pertains to all residents completing their Academic Family Medicine clinical experiences in the Eastern Stream.

**First Year**

First-year residents are required to do a minimum of 4-6 half-day clinics per week. The remaining time is dedicated for **mandatory** teaching rounds as follows:

- **a) Academic Half Day**
  
  All residents attend the weekly Academic Half Day teaching sessions that are held Tuesday afternoon from 1:30 to 5:00 pm. (If there is a University holiday in the week, Academic Half Day **MAY** be cancelled. Please be sure to consult the AHD schedule).
These sessions are held at the Health Sciences Centre and in person attendance is mandatory for all residents completing clinical experiences in the St. John's area. Residents outside of St. John's attend via YouSeeU. Residents who are post call, on electives, or on vacation are excused from attendance. Please note that you should communicate your absence to our Family Medicine Postgraduate Office. Presentations are archived on D2L and can be viewed at a later date.

The suggested format for Academic Half Day presentations can be found on One45 [https://webeval.med.mun.ca/mun/](https://webeval.med.mun.ca/mun/).

b) **Wednesday Morning Teaching Sessions**
As part of the Academic Family Medicine clinical experience, residents will be offered teaching and learning opportunities in office procedures, behavioural medicine and evidence based medicine. These will take place on Wednesday mornings during the Academic Family Medicine clinical experiences. The calendar of teaching sessions is emailed to residents at the start of the year and at the start of the Academic Family Medicine clinical experience. The schedule will also be posted in the Family Medicine Postgraduate Office.

Sessions include Office Procedures, Behavioural Medicine, and Evidence Based Medicine (EBM - Audit and Critique).

**Office Procedures**
Some topics covered include Foreign Body Removal, Gynecology Procedures, Intrapartum Delivery procedures and Breast Cyst aspiration.

**Behavioural Medicine**
The Behavioral Medicine curriculum encompasses Wednesday morning teaching sessions, the Counselling Centre curriculum, Psychiatric Emergency and Crisis Intervention (PEACI) sessions during Core Content, the Urgent Mental Health Care Experience (Psychiatric Assessment Unit and the Recovery Centre Experience), sessions during Academic Half Day and the completion of two Behavioral Medicine Reflections (BMRs). Please see the Behavioral Medicine Online Manual (Desire2Learn (D2L)) for further details.

Each of the Behavioural Medicine teaching sessions consists of a Behavioural Medicine topic and one Behavioural Medicine Reflection. Both are taught by the residents. The topics and teaching schedule are listed in the Behavioral Medicine section on D2L. A Family Medicine and a Psychiatry faculty member are in attendance to help facilitate the discussion. Please consult with your individual schedule to affirm when you are to attend and present.

**Behavioral Medicine Reflections (BMRs)**
The BMRs are two reflective exercises that first year residents complete. The BMRs provide an opportunity to document cases with a behavioral medicine aspect and to further explore and reflect on the behavioral component of such encounters. The examples that you use in your BMR entries are not necessarily limited to your Academic Family Medicine clinical experience. There will be opportunities to discuss these entries during your Academic Family Medicine clinical experience, during the Behavioral Medicine teaching sessions or during teaching rounds. Each case needs to be printed off as a hard copy and “signed off” by a faculty...
member. It is the resident’s responsibility to deliver the completed, signed off BMRs to the Postgraduate Office.

**Counselling Centre**
Residents will complete Counselling Centre curriculum during the first 2 blocks of Academic Family Medicine training. For 7-8 weeks, on Wednesday morning from 9:00 a.m. – 12:00 p.m. residents will develop their counselling skills at the Counselling Centre, Room 5000 in the University Centre. Please refer to your individual schedule to confirm whether you are scheduled to attend during Blocks 1 or 2, OR Blocks 3 and 4.

All sessions are facilitated by Clinical Psychologists.

The Counselling Centre sessions make up a part of the Behavioural Medicine Curriculum. See the Behavioural Medicine Curriculum below for additional information.

**Evidence Based Medicine (EBM)**
The EBM teaching curriculum consists of 3 components: 1) Critical appraisal of evidence, 2) Clinical practice audit and 3) The resident scholarly project. Critical appraisal and clinical practice audit will be in small group sessions during the 10-12 am timeslot on designated Wednesday mornings during first year academic family medicine clinical experiences. Please consult your individual schedule to affirm whether you will attend during Blocks 5 and 6 OR Blocks 7 and 8. Each resident will be expected to complete 2 critical appraisal assignments and present them during these sessions (a schedule will be circulated via email early in the clinical experience). Residents are required to conduct a resident scholarly project and present it at the Resident Forum in the fall of second year. Introductory information for the resident project is provided at an academic ½ day early in the year. Residents are reminded that some projects require Ethics Approval that can take a considerable amount of time and must be received before data collection can begin. For further details please see: [www.hrea.ca/home.aspx](http://www.hrea.ca/home.aspx).

*For further details please talk to your faculty advisor or Dr. Kris Aubrey-Bassler.*

c) **Team Rounds**
Times vary by site.

Direct Observation Reviews, Behavioural Medicine Reflection cases, QUIPs, Audit and Critiques will be discussed. Simulated Office Orals (SOOs) practice is also offered.

d) **Urgent Mental Health Care Experience**
The Urgent Mental Health Care experience is available to all first year residents during the academic family medicine clinical experience. The experience consists of two days at the Psychiatric Assessment Unit (PAU) at the Emergency Department of the Waterford Hospital and one day at the Recovery Detox Centre, St. John’s.

**Psychiatric Assessment Unit (PAU)**
All psychiatric emergency consults are seen in the PAU at the Waterford Hospital. The service is staffed 24 hours a day by an interdisciplinary team comprised of LPN’s, RN’s and family doctors. Psychiatric “consultation” is provided by clinical clerks, residents and psychiatrists.
assigned to the call system. From Monday to Thursday there is a staff psychiatrist who provides regular emergency-focused care.

You will spend two shifts in the PAU. On the assigned Monday and Thursday, you will see urgent care/emergency cases from 4 pm until 12 midnight.

The clinical demand in PAU can vary from day-to-day and even hourly. The afternoons and evenings in the PAU often become quite busy with emergency presentations that are triaged, seen by a family doctor and referred to psychiatry. If the psychiatric consultation aspect of the service is not busy during your particular shift, you may choose to work with the family physician whose primary area of practice is in psychiatric assessment and/or addictions.

**Housekeeping Issues:**
Please park in the parking lot next to “Evergreen Parking”

One the first day of your PAU experience, please introduce yourself to the supervising physician. You will then be orientated to the service and there will be a discussion on the safety issues relevant to emergency psychiatry.

Residents will be provided with a key to access staff washrooms for the duration of your clinical experience.

**Recovery Centre**
Residents will spend one day in the Eastern Health Drug detox facility in Pleasantville. While there, they will gain exposure to detoxification protocols and early recovery therapies for those suffering from addictions to substances and/or alcohol.

The resident is expected to call a day ahead to confirm their attendance and arrive on the day by 8:30 am. The contact person is: Ms. Trena Snook - trena.snook@easternhealth.ca

For further information on these programs or problems arising please contact Dr. Stephen Darcy (sdarcy@mun.ca).

e) **Family Medicine Obstetrical Experience**
Residents will gain experience in Family Medicine Obstetrics during their Academic Family Medicine clinical experience. As part of this experience, residents will work alongside family physicians that practice low risk obstetrics to provide care to prenatal patients. This will involve taking part in the Family Centered Maternity Care clinics (all residents) and Friday afternoon coverage of the Case Room (for residents doing integrated Family Medicine Obstetrics) providing experience in pre-intra and post-partum care. In addition, residents will participate in the low risk Obstetrics call clinical experience.

f) **Care of Elderly**
Residents will participate in Care of Elderly experiences throughout the Academic Family Medicine clinical experience. These experiences include coverage of a ward at the Miller Centre/Veteran’s Pavilion, house calls, geriatric consults and Care of Elderly call. Feedback forms must be completed at the end of each 8 week COE experience.
g) **Direct Observation of patient encounters**
All residents are to record and receive feedback on patient encounters to be observed directly during training.

h) **On Call/Evening and/or Weekend Clinic Responsibilities**
Please review these responsibilities with your primary faculty.

**Second Year**
Second-year residents are required to do a minimum of seven (7) clinics per week. The remaining time during the week will be available for the pursuit of the following activities:

a) **Academic Half Day**
All residents attend the weekly Academic Half Day teaching sessions that are held Tuesday afternoon from 1:30 to 5:00 pm. (If there is a University holiday in the week, Academic Half Day **MAY** be cancelled. Please be sure to consult the AHD schedule).

These sessions are held at the Health Sciences Centre and in person attendance is mandatory for all residents completing clinical experiences in the St. John's area. Residents outside of St. John's attend via YouSeeU. Residents who are post call, on electives, or on vacation are excused from attendance. Please note that you should communicate your absence to our Family Medicine Postgraduate Office. Presentations are archived on D2L and can be viewed at a later date.

The suggested format for Academic Half Day presentations can be found on One45 [https://webeval.med.mun.ca/mun/](https://webeval.med.mun.ca/mun/).

b) **Wednesday Morning Teaching Sessions**
There will be teaching sessions each Wednesday morning. The calendar of teaching sessions is emailed to residents at the start of the year and at the start of the Academic Family Medicine clinical experience. The schedule will also be posted in the Family Medicine Postgraduate Office.

**Behavioral Medicine (BM)**
The Behavioral Medicine curriculum encompasses Wednesday morning teaching sessions and Psychiatric Emergency and Crisis Intervention (PEACI) sessions during Core Content. Please see the Behavioral Medicine Online Manual (Desire2Learn (D2L)) for further details.

Each of the Behavioural Medicine teaching sessions consists of a Behavioural Medicine topic and one Behavioural Medicine Reflection. Both are taught by the residents. The topics and teaching schedules are listed in the Behavioural Medicine section on D2L. A Family Medicine and Psychiatry faculty are in attendance to help facilitate the discussion. These sessions are taught on some Wednesday mornings during the Community Based Option (CBO) Clinical Experience. Please consult with your individual schedule to affirm when you are to attend and present.
c) **Team Rounds**  
Times vary by site.

Direct Observation Reviews, Behavioural Medicine Reflection cases, QUIPs, Audit and Critiques will be discussed. Simulated Office Orals (SOOs) practice is also offered.

d) **Practice Management**  
Residents will receive Practice Management teaching during their second year. This will take place during Core Content and R2 designated Tuesday afternoon Academic Half Days.

e) **Direct Observation of Patient Encounters**  
All residents are to record and receive feedback on patient encounters to be observed directly during training.

f) **Resident Forum Preparation and/or Study Time**  
One half day per week will be protected for residents to pursue their Resident Scholarly Project (max of one half-day/week x 16). This half-day will need to be re-negotiated (for study time) with your faculty after you have presented your projects at the Residents’ Forum should you have any remaining half days to use.

g) **On Call/Evening and/or Weekend Clinic Responsibilities**  
Please review these responsibilities with your primary faculty.

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**Additional Information**

Your site may have specific information pertaining to safety, procedures to follow in the case of inclement weather, etc. Please follow up with your primary preceptor during your orientation session to review this information.

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**Mail**

Mailboxes are located in the Family Medicine Postgraduate Office Resident Resource Room. Your mail will be sent to you each week if you are outside of St. John’s for more than four weeks.

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**Resident’s Project**

It is during your family medicine rotation that you will have access to the most time and resources to work on your resident project. Remember that most research projects require ethics approval, website: [www.hrea.ca/home.aspx](http://www.hrea.ca/home.aspx). There is a binder of previous Resident Projects that you can review when in St. John’s.